

SOURCE NOTES

The underlined links in the following entries were selected based on added information (and in some cases, reviews) that the sites provide about the author and/or the work. Most biographies are linked to [Bio. True Story](#). And most poets and poems are linked to the Poetry Foundation and/or [The Academy of American Poets](#). When available, a link to the author's website is also provided. Otherwise, most works are available through traditional and online bookstores. For additional publishing information, please see entry in Sources & Resources, p. 409.

SYZYGY DEFINED

1. de Laszlo, Violet S. Ed. [Psyche and Symbol: A Collection of Selected Works from the Writings of C. G. Jung](#), p. 30. (Garden City: Doubleday, 1958.)
2. James A. Hall. [Jungian Dream Interpretation: A Handbook of Theory and Practice](#), pp. 9–10. (Toronto: Inner City Books, 1983.)
3. Ibid., p. 120.
4. Ibid., p. 120.

DISCLAIMER

1. Emily Dickinson. "[Tell all the truth but tell it slant—](#)," *The Complete Poems of Emily Dickinson*, Thomas H. Johnson, ed. (Cambridge: Belknap Press, Harvard University Press, 1955.) *The Poems of Emily Dickinson*. Ralph W. Franklin, ed., Harvard University Press, 1955. © 2009 [Trustees of Amherst College](#). Printed in accordance with regulations provided by [Creative Commons 3.0 License](#)
2. [Matthew McKay](#), Ph.D., and [Patrick Fanning](#). Kirk Johnson, ed. *Self-Esteem*, chap. 9, "Responding to Criticism," subtitled, "The Myth of Reality: A TV Screen in Every Head," p. 187. (Saint Martin's Paperbacks: New Harbinger Publications, 1987.)

PREFACE

1. Gary Goldschneider. *Personology: The Precision Approach to Charting Your Life, Career, and*

Relationships. (Philadelphia/London: Running Press, 2005.)

2. Based on Hans Christian Andersen's "Hansel and Gretel," www.inforbarrel.com.

PART I: INTRODUCTION

1. Marion Woodman. *Sitting by the Well: Bringing the Feminine to Consciousness through Language, Dreams, and Metaphor*, Session Nine: "Losing Your Life in Order to Find It, Part 1." Audio Series. (Boulder, CO: Sounds True, 1998.)
2. Marion Woodman. *Addiction to Perfection: The Still Unravished Bride* (p. 126). (Toronto: Inner City Books, 1982).

Dream Journal Entry: "The Black Xs,"
January 5, 2000.

Dream Journal Entry: "The Frying Pan,"
February 2, 1999.

Chapter 1: the red Jell-O

1. Judith Rossner. *Looking for Mr. Goodbar*. (New York: Washington Square Press Publications of Pocket Books, div. of Simon & Schuster Inc., 1975.)
2. Robert Moss. *Conscious Dreaming: A Spiritual Path for Everyday Life*, p. 78. (New York: Three Rivers Press, 1996.)

Chapter 2: the frying pan

Dream Journal Entry: "Circuit Breaker,"
July 12, 1999.

Dream Journal Entry: "Where Will the Next Bomb Go Off,"
November 17, 1999.

Dream Journal Entry: "Acquainted with the Dead,"
December 14, 1999.

Dream Journal Entry: "At the Crossroads,"
January 30, 2000.

Dream Journal Entry: "Body Bags,"
February 17, 2000.

Chapter 3: the art of dying

1. Sylvia Plath. "Lady Lazarus," *Collected Poems*, p. 244. (New York: HarperCollins Publisher Inc., 1981.)

2. [Marion Woodman](#). *Sitting by the Well*, Session Three: “Mature Masculine and Feminine Energy.”
3. [Norman Vincent Peale](#). *The Power of Positive Thinking*. Click the title link to download a free and updated eBook of *The Power of Positive Thinking*. (New York: Prentice-Hall Inc., 1952.)
4. Wally Lamb. *This Much Is True I Know*. (New York: HarperCollins Publishers Inc., 1998.)

Chapter 4: the first day of spring

1. [Clarissa Pinkola Estés](#). *Women Who Run With the Wolves: Myths and Stories of the Wild Woman Archetype*, pp. 190–91, in a discussion on Hans Christian Andersen’s *The Ugly Duckling*, 1845. (New York: Ballantine Books, 1992.)
2. Ibid.

Dream Journal Entry, “Packing Stones,”
January 30, 2000.

Dream Journal Entry, “Gifts,” March 1, 2000.

3. “[Those Were the Days](#),” [Mary Hopkin](#), 1968.
4. [Adrienne Rich](#). “[Diving into the Wreck](#),” excerpt from *Diving into the Wreck: Poems 1971–1972*. (W. W. Norton & Company Inc., 1973.)

PART II: INTRODUCTION

1. [Marion Woodman](#). *Sitting by the Well*, Session Six: “Conscious Femininity, Part 2.”

Chapter 5: the human bean

1. [Edna St. Vincent Millay](#). “[Childhood Is the Kingdom Where Nobody Dies](#).” (Eugene, OR: The Edna St. Vincent Millay Society, 1937.)

Chapter 6: the bad girl

1. [Emily Dickinson](#). “[They shut me up in Prose](#).” *The Poems of Emily Dickinson*. R. W. Franklin, ed. (Cambridge: Harvard University Press, 1999.) *The Poems of Emily Dickinson*. Ralph W. Franklin, ed., Harvard University Press, 1955. © 2009 [Trustees of Amherst College](#). Printed

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Chapter 7: the storks

1. [Hans Christian Andersen](#). “[The Storks](#),” *Tales*, Charles W. Eliot, ed. Vol. xvii, pt. 3 of 51. (New York: The Harvard Classics, P. F. Collier & Son, 1909–14.)
2. “Found a Peanut.” [YouTube version](#). (However, in the version the leaders taught us at my summer camp, the gates of heaven were not locked.)
3. “[Apostle’s Creed](#),” a shortened version of “[The Nicene Creed](#).” (The version I recall is a cross between these two.)

Chapter 8: the color of blood

1. [Martin Luther King Jr.](#) “[I Have a Dream](#).” (The speech King delivered on the steps of the Lincoln Memorial on August 28, 1963.)

Chapter 9: the string that broke

1. [E. E. Cummings](#). “[in Just—](#)”, *Chansons Innocentes, I*, 1920.

Chapter 10: the first bite

1. [Emily Dickinson](#). “[Eden is that old-fashioned House](#).” *The Complete Poems of Emily Dickinson*. Thomas H. Johnson, ed. (Cambridge: The Belknap Press, Harvard University Press, 1955.)

Chapter 11: the fine line

1. [Charlotte Brontë](#). *Jane Eyre*. (New York: A Tom Doherty Associates Book, 1994.)
2. Authorized King James Version Online, Matthew 17:15–18. (The fine line between devils and lunatics.)
3. [KJV](#), Genesis, Chapters 1 & 2. (The two creation stories.)
4. [KJV](#), Genesis 2:16–17. (Thou mayest freely eat...)
5. [KJV](#), Matthew 6:9–13. (The Lord’s Prayer)

Chapter 12: the curse

1. [Clarissa Pinkola Estés](#). *Women Who Run With the Wolves*. (Different ‘thicknesses of skin, different capacities for perceiving pain,’ p. 494.)

2. "Daddy's Picture," by Eddie Arnold.
3. "How Far Is Heaven," by Margo Smith.

PART III: INTRODUCTION

1. Marion Woodman, *Sitting by the Well*, Session Four: "Leaving the Old Thresholds Behind"
2. Marion Woodman, *Sitting by the Well*, Session Six: "Conscious Femininity, Part 2."

Chapter 13: the savior

1. "In-A-Gadda-Da-Vida," Iron Butterfly, 1968. According to Doug Ingle, Iron Butterfly's vocalist and keyboard player, the title was supposed to be "In the Garden of Eden." But "someone had written 'In-A-Gadda-Da-Vida,' possibly while drunk, on a demo copy. A record company executive saw it and decided to use it as the title, since it sounded mystical and Eastern spirituality was big at the time, with The Beatles going to India and The Rolling Stones experimenting with Indian instruments."
2. "Colour my World," Chicago, 1970.

Chapter 14: the trooper

1. "Marines' Hymn." Unknown.

Chapter 15: the day the music died

1. "American Pie." Don McLean, 1971. ("America Pie" topped the billboard charts for four weeks in 1972.)

Chapter 16: the rape (well, not a real one)

1. "I Know Why the Caged Bird Sings," Maya Angelou, 1969.

PART IV: INTRODUCTION

1. Marion Woodman, *Sitting by the Well*, Session Eight: "Losing Your Life in Order to Find It, Part 1."

Chapter 17: the secret delivery (No Quote)

PART V: INTRODUCTION

1. Marion Woodman. *Addiction to Perfection: The Still Unravished Bride*. “Once the door is opened, the bird who has lived in a cage...,” p. 160. (Toronto: Inner City Books, 1982).

Chapter 18: the golden dream

1. Those Were the Days. Mary Hopkin, 1968.

Chapter 19: the praying hands

1. “Infamy Speech,” Franklin Delano Roosevelt, December 8, 1941.
2. Newspaper Clip. “Terror strikes Rome, Vienna airports,” published December 30, 1985. *Chronicle of the 20th Century*, (NY, NY: Dorling Kindersley, 1995.)

Chapter 20: the athlete

1. “To An Athlete Dying Young,” A. E. Housman.
2. Newspaper Clip. “Challenger explodes as horrified nation watches,” published January 31, 1986. *Chronicle of the 20th Century*, (NY, NY: Dorling Kindersley, 1995.)
3. Newspaper Clip. “Four killed as plane is bombed in Athens,” published April 2, 1986. *Chronicle of the 20th Century*, (NY, NY: Dorling Kindersley, 1995.)
4. Newspaper Clip. “Terrorists bomb Berlin G.I. hangout,” published April 5, 1986. *Chronicle of the 20th Century*, (NY, NY: Dorling Kindersley, 1995.)
5. Newspaper Clip. “Chernobyl accident releases deadly atom radiation,” published April 30. *Chronicle of the 20th Century*, (NY, NY: Dorling Kindersley, 1995.)

Chapter 21: the vulture

1. Gabrielle Hayes. “My love in other veins, your heart I maimed,” 1988.
2. Emily Dickinson. “I lost a World—the other day!”

PART VI: INTRODUCTION

1. Jolande Jacobi, *Complex Archetype Symbol in the Psychology of C. G. Jung*. Translated by Ralph Manheim. Bollingen Series. (Princeton: New York, 1959.) “Four is an age-old symbol, probably going back as early as the Old Stone Age...” (pp. 166–168).

Chapter 22: the dead babies awaken

Dream Journal Entry: “Dead Baby,” January 1990

Dream Journal Entry: “Babies Drowning,”

January 1990

Dream Journal Entry: “Freddie Kruger Wants My
Negatives,” January 1990

Dream Journal Entry: “Baby, Dead or Alive?”

March 1990

Dream Journal Entry: “The Baby I Love Versus the Messy
Baby,” April 1990.

1. Edward C. Whitmont, *The Symbolic Quest*, Princeton UP: New York, 1978. (I am actually quoting Whitmont in an assignment I wrote for class.)
2. Carl G. Jung, *Man and His Symbols*, “Part 3: The Process of Individuation,” by M.-L. von Franz. (Doubleday: New York, 1964.) “The psyche can be compared to a sphere with a bright field on its surface, representing consciousness. The ego is the field’s center....The Self is at once the nucleus and the whole sphere; its internal regulating processes produce dreams” (caption on p. 161).
3. Violet S. de Laszlo, ed. *Psyche and Symbol: A Selection from the Writings of C. G. Jung*, p. 9. (Doubleday: New York, 1964.)
4. Ibid (p. 30).
5. Carl G. Jung, *Collected Works of C. G. Jung*, Bollingen Series XX, v. 11, 190–191, “A Psychological Approach to the Trinity,” Sir Herbert Read, et al., eds. R. F. C. Hull, trans. (New York: Princeton UP, 1969.)
6. Carl G. Jung, *Man and His Symbols*, “Part 3: The Process of Individuation,” by M.-L. von Franz, p. 213. (Doubleday: New York, 1964.)
7. Joseph Campbell, *The Power of Myth* (Doubleday Press: New York, 1988.) **Fetus**: “Otto Rank declares that everyone is a hero in birth, where he undergoes a tremendous transformation, from the condition of a little water creature living in a realm of amniotic fluid, into an air-breathing mammal which ultimately will be standing,” (p. 124).

PART VII: INTRODUCTION

1. James A. Hall, *Jungian Dream Interpretation: A Handbook of Theory and Practice*. “The usual way in which the anima or animus is experienced is in projection upon a person of the opposite sex...” (pp. 16, 17). (Toronto: Inner City Books, 1983).
2. Marion Woodman. *Sitting by the Well*, Session Six: “Conscious Femininity, Part 2.”

Chapter 23: the crack in everything

1. Leonard Cohen, “Anthem.”

Dream Journal Entry: “Vehicle Out of Control/ Toddlers Drowning/Floor Moving,” undated from the early 1990s.

Chapter 24: the repeat offender

1. Richard Marx, “Right Here Waiting”

Chapter 25: the one

1. Michael Bolton, “Said I Loved You But I Lied”
2. Marion Woodman. *Addiction to Perfection: The Still Unravished Bride*. “Female writers prone to the demon lover,” p. 136–137. (Toronto: Inner City Books, 1982).
3. Marion Woodman. *Addiction to Perfection: The Still Unravished Bride*. “Appears as the perfect bridegroom...but still a boy looking for his mother,” p. 137. (Toronto: Inner City Books, 1982).
4. Pink Floyd, *The Wall*. (“We don’t need no education. We don’t need no thought control.”)
5. Pink Floyd, *The Wall*. (“Hush, little baby. Don’t you cry. Mama’s going to make all your nightmares come true.”)
6. Pink Floyd, *The Wall*. (“Mama’s going to put all her fears into you.”)
7. Bryan Adams and Barbra Streisand, “I Finally Found Someone” (Our wedding song.)

Chapter 26: the banana peels

1. Pink Floyd, “One of My Turns,” *The Wall*. (“Day after day, love turns grey.”)

Dream Journal Entry: “Crushing the Baby,” October 22, 1996.

2. Don Richard Riso and Russ Hudson, *The Wisdom of the Enneagram*, p. 36.
3. Clarissa Pinkola Estés, *Women Who Run With the Wolves*. (Note 3 from section in back of book from Chapter 12, “Marking Territory: The Boundaries of Rage and Forgiveness,” p. 493.)

NOTE: There was something very similar in *Controlling Parents* by Dan Neuharth, which is what I was actually reading that day but have been unable to find the exact quote.

Chapter 27: the little rag doll

1. Marion Woodman, *Sitting by the Well*, “Session Three: Mature Masculine and Feminine Energy.”

Dream Journal Entry: “Bathing My Dirty Mother,” August 19, 1999.

Chapter 28: the brick in the head

1. Marion Woodman, *Sitting by the Well*, “Session Three: Mature Masculine and Feminine Energy.”
2. Notebook entries I wrote while reading *The Wisdom of the Enneagram*, which may be paraphrased or direct quotes. *The Wisdom of the Enneagram: The Complete Guide to Psychological and Spiritual Growth for the Nine Personality Types*. Paperback, June 15, 1999, by Don Richard Riso and Russ Hudson. **NOTE:** Not sure if this is the book I quoted. I called the book *The Enneagram* throughout, but I cannot find a book by that title only. But the words match very closely to a blog referring to these authors.
3. Gary Zukav, *Seat of the Soul*, pp. 78–79. Simon & Schuster, NY, NY (1989). **NOTE:** Zukav used the male as the mistrusting party, but he no doubt used the gender as generic, that is, he is not differentiating

between male and female in this example. I only changed the gender in the quote to a female voice in an effort to correlate the quote to the female narrator of this book.

Dream Journal Entry: “Crossing the Bridge,”
March 17, 1999.

Dream Journal Entry: “Soulmates and the Alternate
Universe,” Early 2000.

PART VIII: INTRODUCTION

1. [Marion Woodman](#), “[Abandoned Soul, Abandoned Planet](#).” Excerpt from Nancy Ryley’s interview with Marion Woodman, 1998. “The return to the Garden is about coming full circle.” Copyright, Quest Books (800) 669-9425.
2. [Clarissa Pinkola Estés](#). [Women Who Run With the Wolves](#) (p. 284).
3. [Carl G. Jung](#), “[The Development of Personality](#).” “Bidden or not bidden, God is always present.” Vocation as a calling. *Collected Works*, vol. 17, pp. 180–181, ¶s 308–309. “The Development of Personality” is Volume 17 in [The Collected Works of C. G. Jung](#), a series of books published by Princeton University Press in the U.S. and Routledge & Kegan Paul in the U.K. It contains papers on child psychology, education, and individuation, emphasizing the extreme importance of parents and teachers in the genesis of the intellectual, feeling, and emotional disorders of childhood. A final paper deals with marriage as an aid or obstacle to self-realization.^[1] SOURCE: Wikipedia.

Chapter 29: the magical smile

1. [Clarissa Pinkola Estés](#), [Women Who Run With the Wolves](#). “During the darkest times...Nature feeds a woman’s soul.”
2. [Marion Woodman](#). [Addiction to Perfection: The Still Unravished Bride](#). “But in her desire to sacrifice the old attitudes, she is experiencing a very real death.”
3. [Clarissa Pinkola Estés](#), [Women Who Run With the Wolves](#). “People converse with their soul all the time.”

4. [Marion Woodman](#), *Addiction to Perfection*. “The dialogue between the ego and the Self creates soul” (p. 127).
5. [Carl G. Jung](#), “*Civilization in Transition*,” vol. 10, *The Collected Works of C. G. Jung*, a series of books published by Princeton University Press in the U.S. and Routledge & Kegan Paul in the U.K. The link leads to abstracts of his Collective Works. The work contains essays bearing on the contemporary scene during the 1920s and 1930s, and on the relation of the individual to society. It includes papers focusing on the upheaval in Germany, and two major works of Jung’s last years, *The Undiscovered Self* and *Flying Saucers*.^[1] SOURCE: Wikipedia. (A neurosis is by no means merely a negative thing, it is also something positive.)
6. [Marion Woodman](#), *Sitting by the Well*. “You are an orphan—and the whole world is your orphanage.”
7. [Adrienne Rich](#). “*Diving into the Wreck*,” from *Diving into the Wreck: Poems 1971–1972*. “And the treasures that prevail.” (W. W. Norton & Company Inc., 1973.)

Chapter 30: the mess I created

Dream Journal Entry: “The Magical Eyes,”

April 3, 2000

Dream Journal Entry: “The Abandoned Child,”

April 5, 2000

Dream Journal Entry: “A Glimpse of the Past,”

April 7, 2000.

1. According to my notes, this event occurred on March 31, 2000. But I can’t find the show or transcript anywhere.

Chapter 31: the unexpected storm

1. [Luke Timothy Johnson](#), *The History of Christianity: From the Disciples to the Dawn of the Reformation*, part 1, p. 114. (Chantilly, VA: The Great Courses, 2012.)
2. [Clarissa Pinkola Estés](#), *Women Who Run With the Wolves*, pp. 346–373, “Marking Territory: The Boundaries of Rage and Forgiveness.”
3. [Gary Zukav](#), *Seat of the Soul*.
4. [Carl G. Jung](#), *Man and His Symbols*, Part 3, “The Process of Individuation” (p. 215), by M.-L. von Franz.

Dream Journal Entry: “Replant the Debris,”
April 21, 2000.

Dream Journal Entry: “Don’t Drop the Baby,”
April 22, 2000.

Dream Journal Entry: “The Murder of My Mother,”
February 16, 1999.

5. Carl G. Jung, *Man and His Symbols*, Part 3, “The Process of Individuation” (pp. 189–195), by M.-L. von Franz. Paraphrased: The animus, which the father shapes in a woman, can convince the woman that she is not who she really is. When the destructive projection falls away, the woman will realize that she has reacted just the opposite of her real feelings and thoughts.
6. *Ibid.* Continuation of preceding quote.

Chapter 32: growing pains

1. *The Wisdom of the Enneagram*.

Dream Journal Entry: “The Color of the Soul,”
April 7, 2000.

Dream Journal Entry: “Lizards in a Sphere,”
May 19, 2000.

Chapter 33: the healing mother

Dream Journal Entry: “The New House,”
April 9, 2000.

1. Carl G. Jung, *Man and His Symbols*, Part 5, “Symbols in an Individual Analysis (p. 297),” by Jolande Jacobi.

PART IX CONCLUSION

1. Marion Woodman, *Slow Down and Meet Your Sacred Feminine*, in an interview with Jane Lister Reis. “The New Times.”

Chapter 34: the pond beyond

1. “Stock Market History: The 10 Worst Days” by Amy Bingham, *ABC World News Tonight*, referring to September 24, 2001, published August 9, 2011. Read the full article <http://abcnews.go.com/Politics/stock-market-history-10-worst-days/story?id=14259116#8>.

2. Paul Goldberger. "Building Plans," published in "The New Yorker," September 24, 2001. Read the full article <http://www.newyorker.com/magazine/2001/09/24/building-plans>.

Dream Journal Entry: "The Radiant Baby Boys," January 8, 2001.

Dream Journal Entry: "Too Beautiful to Be a Boy," February 24, 2001.

Dream Journal Entry: "The Traffic Jam," December 10, 1998.

Dream Journal Entry: "The Very Tall Building," February 24, 1999.

Dream Journal Entry: "The Pond Beyond," September 16, 2001.

3. [Gary Zukav, *Seat of the Soul*](#). "If you strike without compassion against the darkness, you yourself enter the darkness."
4. Joanna Cocca, [*Light Meditations*](#). Audio CD. "You are about to embark on a journey." I derived great comfort listening to this CD in 2001, and I still do to this day. To listen to a preview, click the highlighted link above.
5. Beatles. "[Lucy in the Sky with Diamonds](#)."

EPILOGUE & DEDICATION

1. [Marion Woodman. *Addiction to Perfection*](#).
2. Ibid.
3. [Caroline Myss. *Sacred Contracts: Awakening Your Divine Potential*](#).